



Clearmeadow P.S.

October Character Trait: Responsibility

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CALENDAR

Nov. 2 Day 4	EDSBY opens for parents to schedule Parent/Teacher Interviews
Nov. 3 Day 5	
Nov. 4 Day 1	
Nov. 5 Day 2	
Nov. 6 Day 3	
Upcoming Dates	
Nov. 12/13	Virtual Parent Teacher Interviews (evening on the 12 th , morning on the 13 th)
Nov. 19	Kindergarten Initial Observations and Gr. 1-8 Progress Reports Go Home

PHOTO GALLERY



A little taste of our door decorating fun! More pictures to follow next week!

AT A GLANCE INFORMATION

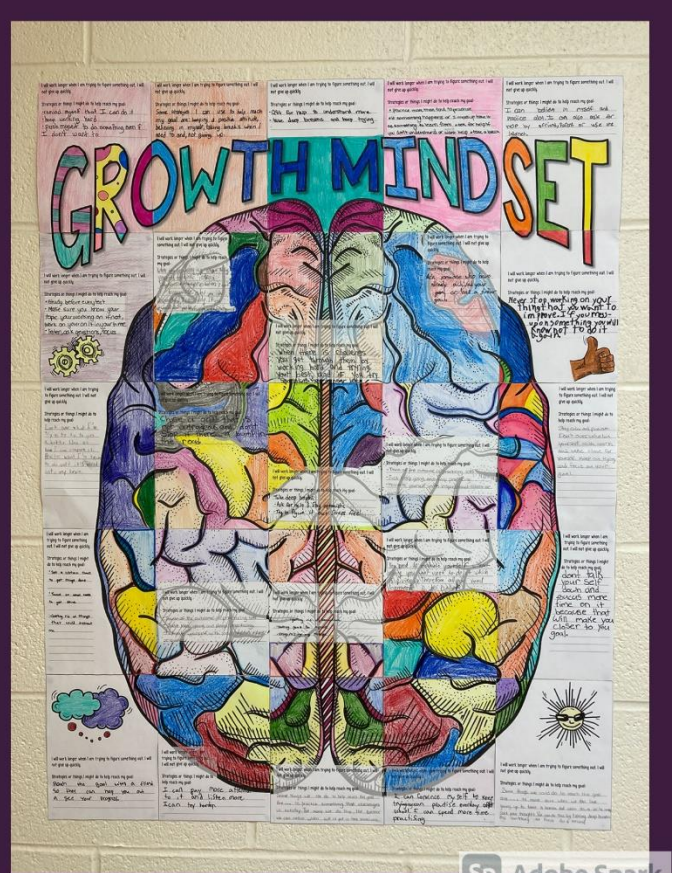
Parent Teacher Interviews: Please see information in the newsletter regarding how and when to sign up for interviews this year using EDBSY. If you have any further questions please reach out to your child's teacher.

Arriving on time: Our morning announcements and O Canada now begin at 9:00 am. As a result, all of our late arrivals will wait outside the front door on socially distant decals until the announcements and O Canada are over. We encourage all of our families to please arrive between 8:45-9:00 to be on time for the beginning of the day. Thank you for working with us on this matter.

Translators for Parent Teacher Interviews: If families would like to request a translator for assistance during Parent Teacher Interviews, please email Mr. Parke: david.parke@yrdsb.ca or call him at 905-868-8081 ext.255.

GRADE 7/8S EXPLORING GROWTH MINDSET

"The Grade 7/8s have been learning about Growth Mindset and the positive impact it can have in helping them to view challenges and mistakes as opportunities to learn and grow. They each created a list of strategies they can use to help them persevere and work through these challenges."



Sp Adobe Spark

The Kindies have been off to a great start exploring and investigating a variety of ideas that connect to our Canadian autumn season. From chlorophyll rubbings, leaf bouquets, leaf creations, nature building, puddle jumping to worm saving; our Kindie students are expanding their curiosity of the world around them and their appreciation for the great outdoors.



Sp Adobe Spark

PARENT/TEACHER INTERVIEWS

Family Virtual Conferences will be held on **November 12th (evening) and November 13th (morning)**. You will have an opportunity to meet with your child(ren)'s teacher(s) to discuss their progress. We regret that for health and safety reasons, we are unable to host an event at the school as we normally would, however we look forward to meeting with you virtually.

Families need to use Edsby to schedule a virtual meeting time with their child(ren)'s teacher(s) on the Interview Evening or Morning. You will receive an invitation to sign up for a meeting time once the schedules are available.

Families that already have an Edsby account may use their previously created account. The username is the full email address that is on file at your child(ren)'s home school and the password is the one created at activation. If you have forgotten your password, you can find [resources on the Board website](#) to help, including how to reset your password.

Families who **do not have** an Edsby account will need to create one to access the online appointment scheduler for their child's teachers for the virtual conference. **An up-to-date and valid email address must be provided to your child's home school.** For help creating an Edsby account, [instructions can be found on the Board website](#). An email from York Region District School Board with instructions on how to create an Edsby account will be sent to your email inbox. If you do not receive the email, please check your junk mail folder to ensure you do not miss this opportunity.

DRESSING FOR THE WEATHER

During the cold fall and winter months, it is important that students come to school dressed for the weather conditions. This includes: boots, hats, scarves, snow pants, warm coats and mittens or gloves. As we cannot accept delivery of change of clothes, due to Health and Safety Protocols, we encourage all students to pack an extra pair of socks and pants in case they get wet.

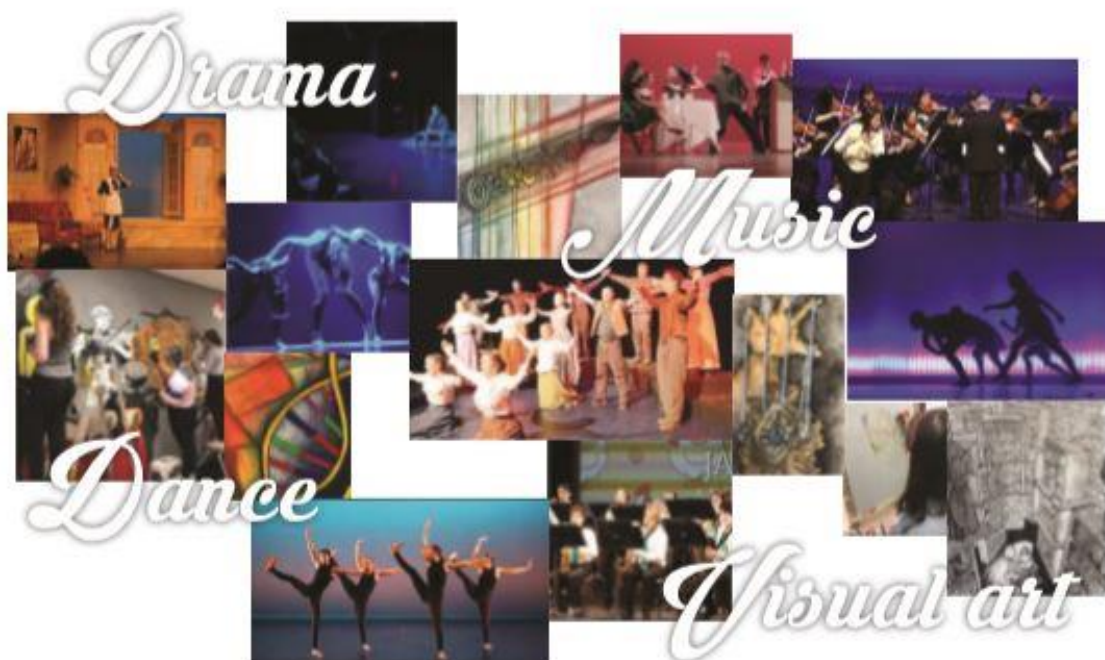
All students are expected to go out for every recess and lunch hour, weather permitting. We monitor the weather throughout the day, including temperature, wind chill, sun/cloud conditions and wind velocity. In [extreme weather conditions](#), such as ice pellets or extremely high wind chill factors, administration may decide to shorten recess breaks or keep students indoors.





COMING SOON
SECONDARY *Arts* SCHOOL INFORMATION NIGHTS

YRDSB OFFERS REGIONAL ARTS SCHOOLS FOR SECONDARY STUDENTS WHO ARE COMMITTED TO ACHIEVING EXCELLENCE IN THE ARTS



PLEASE VISIT YOUR REGIONAL ARTS' PAGE FOR MORE INFORMATION ON PROGRAMS, INFORMATION NIGHTS AND HOW TO APPLY



[Alexander Mackenzie HS](#)

Thursday Nov. 5th



[Huron Heights SS](#)

Thursday Nov. 5th



[Unionville HS](#)

Tuesday Nov. 3rd



[Westmount CI](#)

Thursday Nov. 5th

REMINDER applications open November 9th, due December 1st

PARKETTE UPDATE



The Town of Newmarket has updated the guidelines for play at the Basketball Courts beside the school. Many of our students, although encouraged to go home after school, remain at the Park and play and are not following the guidelines of physical distancing, refraining from playing games and maintaining social gathering rules. We are asking parents to please have a conversation with your children regarding the guidelines for safe socializing, so we can continue to work together to keep all of our students healthy and safe. Thank you.



Webinars

November/December 2020

If you are receiving services from York Hills, please connect with your clinical worker to register for one of the workshops.



Register at www.yorkhillscentre.ca/webinars or scan the barcode!

BRINGING YOUR FAMILY INTO FOCUS — PARENTING CHILDREN WITH ATTENTIONAL DIFFICULTIES
(Laurie Blow and Rick Rotchild - Intensive Child and Family Workers)

Tuesday
November 10, 2020
6:30 PM — 8:30 PM
Zoom Webinar

The goal of this workshop is to provide information to support parents/caregivers of children and adolescents who experience challenges with focusing, attention, and managing impulsivity. The workshop will cover: What ADHD is and what it is not, how living with ADHD impacts your child and family, and will provide strategies to assist in managing and coping when your child struggles with attentional difficulties.

UNDERSTANDING AND SUPPORTING CHILDREN WHO EXPERIENCE BEING BULLIED DISCUSSION
(Uma Bhatt - Community Outreach Worker)

Tuesday
November 17, 2020
6:30 PM — 8:30 PM
Zoom Webinar

Is your child being bullied? Does your child bully others? Being bullied can be a very disturbing and often traumatic experience for children and their families. Come and learn what bullying behaviour is, how to recognize signs and symptoms indicating that a child may be bullied, or is engaging in bullying behaviour. Learn how to support, and empower your child.

POSITIVE CONNECTIONS— HOW TO RESPOND TO YOUR CHILD IN POSITIVE AND EFFECTIVE WAYS
(Larisa Levalds - Child and Family Therapist, Cindy Inacio - 0-6 Worker, Vibhuti Bhatt—Speech and Language Pathologist)

Thursday
November 19, 2020
1:00 PM — 3:00 PM
Zoom Webinar

This workshop is for parents/caregivers who are looking for new ways to connect with their child(ren) aged 0—6. Caregivers will learn how to connect with their child(ren), and will gain a solid understanding of how, why, and when connections are optimal in order to overcome behavioural challenges that child(ren) may be experiencing.

SIBLING RIVALRY TO SIBLING RELATIONSHIP (Uma Bhatt - Community Outreach Worker)

Tuesday
November 24, 2020
6:30 PM — 8:30 PM
Zoom Webinar

Come and learn! This workshop will discuss what sibling rivalry is, what causes it, and what parents can do to build and strengthen this important relationship.

- Explore the meaning of 'fairness' from a child's perspective, and learn how to handle each child's feelings.
- Learn how to respond to challenging behaviours, and how to balance the parental role of being a 'coach and a referee'.
- Learn the value of 'cooling off time', and teach your children to use 'quiet spaces' for calming and learning to work together with a sibling to problem solve.
- Learn ways to encourage positive and respectful sibling relationships.
- Learn additional ways to cope and manage when one/both siblings have mental health challenges.



PARENT WORKSHOPS PROVIDED BY YORK HILLS



Webinars

November/December 2020

If you are receiving services from York Hills, please connect with your clinical worker to register for one of the workshops.



Register at www.yorkhills.ca/parent-workshops or scan the barcode!

BeYOUTiful—SUPPORTING POSITIVE BODY IMAGE IN CHILDREN AND YOUTH
(Alyssa Fallone and Nathalie Gonsalves—Community Outreach)

Did you know – Over 50% of teen girls and 30% of teen boys use unhealthy weight control behaviours such as skipping meals, fasting, smoking cigarettes, vomiting, and taking laxatives?

We live in a world that has an opinion on everything we do – what hairstyle we have, how we should dress, what size we should be. The list is endless. These pressures can impact how we view ourselves and how we interact with the world. As parents and caregivers, how do we help our children navigate these pressures? This webinar provides an introduction to understanding body image. We will explore compliments and criticisms, media impact and cultural differences, as well as techniques to help build confidence and boost self-esteem in children and youth.

Thursday
November 26, 2020
6:30 PM — 8:30 PM
Zoom Webinar

UNDERSTANDING THE BRAIN AND BEHAVIOUR DEVELOPMENT IN CHILDREN WITH AUTISM SPECTRUM DISORDER (Neil Walker - Compass Manager)

This webinar will assist in understanding the brain development of children with Autism Spectrum Disorder, and will explain the cause of behaviours commonly experienced. Participants will learn strategies that can be used to support and manage the challenges that children with ASD often face.

Wednesday
December 2, 2020
6:30 PM — 8:30 PM
Zoom Webinar

UNDERSTANDING AND MANAGING CHALLENGING BEHAVIOURS
(Angie Chan and Vanessa Suarez - Child and Family Therapists)

Understanding challenging behaviours and where they stem from is the first step to being able to better manage them. This workshop will focus on how behaviours function in a child's brain and will explore the use of tools within the parent/child relationship to manage challenging behaviours.

Monday
December 7, 2020
6:30 PM — 8:30 PM
Zoom Webinar

Visit our [website](#) for new events, webinars and information!

FOLLOW us on Facebook, Instagram, Twitter and Eventbrite for the latest!



eventbrite

